



ASPIRE • COMMIT • ACHIEVE
2020 Goals

Name: _____ Date: _____

Goal Type: (circle one) Athletic Business Personal/Family

CRAZY EPIC AWESOME GOAL:

Date to complete: _____

Check- in #1: _____
(date) (where are you at with this goal)

Check- in #2: _____
(date) (where are you at with this goal)

Check- in #3: _____
(date) (where are you at with this goal)

CRAZY AWESOME GOAL:

Date to complete: _____

Check- in #1: _____
(date) (where are you at with this goal)

Check- in #2: _____
(date) (where are you at with this goal)

Check- in #3: _____
(date) (where are you at with this goal)

AWESOME GOAL:

Date to complete: _____

Check- in #1: _____
(date) (where are you at with this goal)

Check- in #2: _____
(date) (where are you at with this goal)

Check- in #3: _____
(date) (where are you at with this goal)